Before the big day... make sure you have...

- At the end of the Summer Term bought your child a school book bag
- © Bought your child's uniform and checked what the School policy says about where to buy.
- Make sure everything is labelled with their name
- © Checked if the school has a second hand uniform sale (before the end of the Summer term)
- Checked out the start dates for your child and know how many days your child may be half day before going full time
- © Checked the start time on that first day
- Checked which school entrance to take your child to and the way into the school grounds
- Shared any concerns you may have about your child settling or starting with the school (either directly or through the pre-school)
- © During the school holidays talk about school in a positive way. Look on the school website for a photo of the child's class teacher and use their name when talking about them
- © Visited the school for the Summer Fair or other informal open events that are held by the school.
- Visited the website www.foundationyears.org.uk to find out more about what your child will be learning at school.



Helping my child to have a successful start in their Reception class at school



When starting school

One thing is key

The **school** needs to be ready for ME!

What parents can do to help their child......

Getting on with others

- Talk to your child about friendships and feelings
- When reading stories talk to them about the feelings of the characters
- Have friends over to play or take them to groups with other children



Listening and attention

- Read stories with your child daily
- Give them simple instructions to follow
- Play board games with them or snap



Looking after myself

- Give them time to try and get dressed by themselves
- Support them to be toilet trained by the start of school
- Help them to learn how to use a knife and fork
- Talk to them about healthy choices with food and drink



Being active

- Make sure they get a chance to run, skip, dance and jump and be active every day
- Try to enable them to have messy play as often as possible eg play-dough, painting etc



Speaking clearly

- Switch off your TV/
 Radio/Phone/Computer and have
 a conversation
- Sing Nursery rhymes everyday
- Use interesting words with your child



Love to learn

- Find out what your child is interested in and show interest yourself
- Go outside and explore their world—go at their pace—do not rush.
- Have fun and laugh

